First Aid Carry Relay

# Materials

2- cones or markers set approximately 50 feet apart.

# Instructions

As a patrol review the carry methods in the scout manual.

From your patrol designate three “victims” and five carriers. All scouts must participate. If the patrol is < 8 then some scouts will participate twice.

# The Relay

Two scouts will carry the first victim to the turnaround point and back using the “two person carry”. If at any time the victim touches the ground you must stop and reform the carry.

When the first team returns two different scouts will carry the second victim to the turnaround point and back using the “four handed seat carry”. If at any time the victim touches the ground you must stop and reform the carry.

A scout will carry the third victim to the turnaround point and back using the “one person carry”. If at any tile the victim touches the ground you must stop and reform the carry.